

New Mexico Behavioral Health Training Associates (NMBHTA)

Handbook for Associates

Mission Statement and Overview of New Mexico Behavioral Health Training Associates

New Mexico Behavioral Health Training Associates (NMBTA or “Nimta”) is an LLC formed by Evelyn Sandeen, PhD and Michelle Ball, LISW in 2024. NMBTA’s Advisory Board includes Evelyn and Michelle as well as Board members Elizabeth Sullivan PhD, and Candyce Tart, PhD. NMBTA has two missions: First, to enhance behavioral health treatment in New Mexico by offering relevant, empirically grounded, culturally appropriate continuing education to licensed providers. Second, to create a network of New Mexican behavioral health experts who are the first choice for high-quality consultation and training for individuals and institutions in our state.

NMBHTA will host live online continuing education presentations of varying lengths and levels of specialization, beginning in 2025. Many of these may then be recorded and posted as asynchronous CE activities (“home study”) on our website. We also intend to serve as a speaker’s bureau, and match inquiries for trainings or presentations on behavioral health topics with specific associates, if desired.

For associates who choose to create continuing education presentations for us, there are several benefits. Our business model is based on supporting our associates in their dissemination of translational behavioral health information to providers in the field. To that end, we offer associates 40% of all net income they generate through their live and asynchronous presentations, representing a source of passive income. NMBTA will take care of all overhead costs, including CE sponsor fees, certificate provision to learners, website maintenance, and advertising. We encourage our associates to write biographical statements for the website that include whether they offer individual, group, or institutional consultation and training, and which can advertise any private practice activities they offer.

Guidelines for Presentations

We are interested in continuing education presentations that effectively translate clinical research into clinical practice for New Mexican behavioral health providers. Thus, innovative and empirically supported presentations in the areas of assessment, intervention, ethics, and cultural diversity/equity & inclusion are all welcome, especially those that are particularly pertinent to practice in New Mexico.

We suggest that associates develop presentations as stand-alone overviews of a topic area, or as part of a series (the endpoint of which may be a period of real-time group or individual consultation with the associate). Although all of our presentations must meet the standard of building upon the foundation of a doctoral degree in psychology, presentations may still be identified as introductory, intermediate, or advanced in terms of the sophistication of the presentation within a given topic area.

We encourage all associates to create or update PowerPoint slide decks for their presentations. Within this framework, we have several requirements for the presentations based on American Psychological Association standards for continuing education.

1) Disclaimers/Disclosures

- a. Please include a slide indicating any potential conflict of interest (such as financial connections) you may have with the material you are presenting or stating none if that is the case
 - b. Include a slide (could be on the same slide as #1) which comments on the accuracy and utility of the information you are presenting, the empirical bases of such statements, any limitations you are aware of on the information, and any risks that may be associated with the use of the information. In the great majority of situations, you can make a general statement about the level of empirical support for your conclusions, as well as any reported risks.
 - c. Please disclose if you have used AI for any aspect of your presentation (again, this information can be on the same slide as a. and b.)
- 2) Please do not use any proprietary information in your presentation. That is, do not include any slides that reproduce copyrighted material, or include any standardized testing materials.
- 3) Please integrate culture and ethics into your presentation, even if briefly. If culture and/or ethics are a substantial part of your presentation, please include learning objectives (see section below) on these topics.
- 4) For a one or two-hour presentation, please include **at least 3** recent (within the past 10 years) and relevant references in APA format within the body of your PowerPoint presentation or in a final slide. If your presentation is based on empirical data, make sure those references include at least 3 peer-reviewed articles (in addition to any other references such as books).
- 5) Below is the link to the APA guide on the use of bias-free language. Please adhere to it as much as possible. Additionally, know that we expect all associates to model respectful and culturally humble behavior during presentations and interactions with learners.

<https://apastyle.apa.org/instructional-aids/inclusive-language.pdf>

Guidelines for New Content

For any new content you would like to create for NMBHTA, we need the following items:

- 1) A CV from you that makes clear your expertise in the area in which you are presenting. If your expertise is not obvious from your current CV, please insert a paragraph at the top of your CV that explains your expertise in the area.
- 2) A brief description of your presentation content, typically 4-8 sentences.
- 3) At least 2 learning objectives per hour of instruction. Here is the link to the APA guidelines for writing behavioral learning objectives: <https://www.apa.org/ed/sponsor/resources/objectives.pdf>

- 4) If you have not made content for us before, a professional-looking photograph. If you do not have one you like, an option is to use an inexpensive AI tool to create one, for example: <https://www.betterpic.io/pricing>
- 5) If you have not made content for us before, a brief biographical/promotional statement about you, your training and expertise, services you offer, and contact information.
- 6) If you have not previously done so, complete a signed agreement to be an independent contractor with NMBHTA. (Provided upon request).

Questions?

Michelle and Evelyn are happy to discuss how you might become a part of NMBHTA and answer any questions you may have.

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